



St Joseph's Catholic Primary School

PERSONAL, SOCIAL AND HEALTH EDUCATION POLICY

Revision	Date	Author	Amendments	Reviewed	Approved (Date of FGB Meeting)	Next Review	Responsible Committee
1	September 2024	E Broyd	Updated to new format. Changed to reflect current school practice.	13/12/24	23/01/25		Faith & Ethos and C&SI
2		G Bath		March 2026	19/03/26	March 2027	Faith & Ethos and C&SI

responsibilities and appreciate what it means to be a positive member of a diverse society, following the teachings of Jesus.

The school recognises that the fundamental British values of democracy, the rule of law and individual liberty and mutual respect and tolerance of those with different faiths and beliefs should be promoted. This will be achieved through the implementation of this policy.

Our aims are to uphold the values of our school, enabling the children:

- To recognise their own worth, work and play well with others and become increasingly responsible for their own learning.
- To respect others and form good relationships with everyone in the school and wider community.
- To understand our common humanity, diversity and differences.
- To know and understand what constitutes a healthy lifestyle.
- To develop safety awareness, including online safety.
- To develop self-confidence and self-esteem and make informed choices regarding personal and social issues.

2. Legislation and statutory guidance

PSHE is a non-statutory subject. However, there are aspects of it that we are required to teach in schools:

- Schools must teach relationships education, under the [Children and Social Work Act 2017](#), in line with the terms set out in [statutory guidance](#).
- Schools must teach health education under the same statutory guidance.

3. Teaching & Learning

The PSHE curriculum will be taught through discrete and cross-curricular approaches using the Relationship and Sex Education (RSE) scheme of work 'Life To The Full' and PSHE Association Program of Study (thematic model) which provides whole school themes across the academic year. We will use a range of activities including discussions, role play, games, investigations and problem solving. We organise classes so that all children are able to participate in discussion to resolve conflict or behaviour by communicating and articulating their feelings and opinions, in a non-threatening, comfortable environment.

4. Relationships and Sex Education (RSE)

Education for Personal Relationships is taught through the scheme 'Life To The Full' which is recognised by the Clifton Diocese. This scheme covers all year groups from Foundation Stage to Year 6 and has as its foundational premise the belief that we are made in the image and likeness of God. Further details are provided within the RSE policy.

5. PSHE and pupils with SEND

At St Joseph's Catholic Primary school, we teach PSHE and Citizenship to all children. Teachers provide learning opportunities matched to the individual needs of all children. Reasonable adjustments are made in line with regular classroom practice. For further information please see our SEND Policy.

6. Monitoring and review

The PSHE Co-ordinator is responsible for monitoring standards of children's work and the quality of teaching. This person supports colleagues in the teaching of PSHE, by giving them information about current developments in the subject. Strengths and weaknesses in the subject and areas for further development are discussed with the Headteacher and colleagues whilst being part of the general review programme listed in the School Development Plan (SDP).

Reviewed by the C&SI committee:

Date: February 2026

Reviewed by the Faith & Ethos committee:

Date: February 2026

Policy Monitoring And Review (To Include Sub-Committee)

This policy will be reviewed annually by the Faith & Ethos Committee and C&SI Committee.

Authorisation

Signed by (Chair of Governing Board)

A handwritten signature in black ink that reads "S. Douglas". The signature is written in a cursive style with a large initial "S" and a long, sweeping underline.

Approved by Governing Body: 19th March 2026

Next Review Date: March 2027